



HEAT & TRAFFIC GOT YOU DOWN?

JOIN THE CLUB... OR ANY OF THESE BIKE CLUBS

More than 500,000 metro area cyclists ride their bikes regularly for work, transportation, sport, and recreation. Come join us! If you want company, or need help getting started, contact any of these groups. (And check out their terrific Web sites.)

Century Road Club Association (CRCA)

Bicycle racing club in NYC, providing coaching and friendly competition for all ages. Men, women, and juniors in graded races based on ability. <http://www.crca.net>

Fast & Fabulous

Wear your pride on a weekly ride with New York's gay and lesbian bike club. Good place to network and have fun – and step out for great dinners. <http://www.fastnfab.org>

Five Borough Bicycle Club (5BBC)

The *grande dame* of NYC bike clubs. Many rides use the point-drop-sweep system in which no one is left behind; others are faster paced. Sponsors the annual Montauk Century and Five Borough Bike Tour (May). <http://www.5bbc.org>

New York Cycle Club (NYCC)

For casual to serious recreational cyclists. Numerous weekly rides from 25-100+ miles, divided by speed and skill level (A, B, C). Free training program begins Feb/Mar.; weekend trips; monthly socials. Sponsors the Escape New York ride (Sept.). <http://www.nycc.org>

Staten Island Cycling Association (SIBA)

For 25 years, SIBA has promoted great weekly rides on the "other" New York island. Sponsors the bucolic annual Pumpkin Patch Pedal in October. <http://www.sibike.org>

Time's Up!

Pedal-powered environmentalism. Offers weekly rides to the beach, parks, festivals, and other events. Bike-repair and frame-welding classes, films, and social and educational events. Throws great parties. <http://www.times-up.org>

Transportation Alternatives

Nonprofit advocate for cyclists and pedestrians. Sponsors the NYC Century Bike Tour (Sept.), the Tour de Bronx (Oct.), and the Tour de Brooklyn (June). <http://www.transalt.org>

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